



Inspiring a Vibrant Community

Cottonwood Recreation Center RE-OPENING GUIDELINES



Welcome back, members!

Cottonwood Parks and Recreation will follow CDC, state and local guidelines for a phased in re-opening of our Cottonwood Recreation Center.

Find the AZDHS Requirements <u>here</u>

https://www.azdhs.gov/documents/preparedness/epidemiology-disease-control/infectious-disease-epidemiology/novel-coronavirus/community/indoor-gyms-fitness-



Scan here for link





centers.pdf

Important Re-opening Information

Membership:

All current, unused, memberships have been extended to accommodate for the time we were closed.

No action is required on your part.





Hours and Capacity

Cottonwood Recreation Center Fitness Center

• Mon – Fri: 4:30am – 8:00pm

• Sat & Sun: 6:00am – 8:00pm

Hours subject to change

Reduced Capacity

Following the requirements set by the Arizona Department of Health Services our capacity will be limited to 25% which is 57 members at any single time.





Health & Safety Precautions

- Staff will follow enhanced cleaning and disinfecting protocols throughout the day with strict timelines.
- High use touchpoints will be cleaned every 30 minutes.
- Restrooms will be cleaned by cleaning professionals 3 times per day.
- All members will undergo a temperature screening before accessing the equipment. Individuals with a temperature exceeding 100.4 degrees will not be permitted.
- Masks are required before entering the facility and while exercising at all times.
- Physical distancing of at least 6ft is required.
- You must clean and wipe down your equipment after each use with a paper towel and the supplied cleaning product.





Health & Safety Precautions (continued)

- Hand sanitizer stations will be available throughout the facility.
- Spitting in fountains or trash cans is strictly prohibited.
- To reduce touchpoints within the facility, areas such as sets of lockers and seating have been restricted for use.





Health Screening

All members will be screened for temperatures prior to accessing the facility. Individuals with a temperature exceeding 100.4 degrees will not be permitted.

For the safety of our community we ask that you please stay home if you have any of the following symptoms:

- Cough
- Shortness of breath
- Fever
- Chills
- Repeated shaking and chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell





What to expect when you enter the Rec Center

Guest Services

- A team member will greet you at check-in and take your temperature prior to being granted access to the equipment.
- Members will scan-in using the self scan-in terminal.
- You will be asked to stay behind the blue tape to ensure proper physical distancing while you are waiting in line.

Fitness Floor

- Equipment will be spaced to encourage physical distancing and signed accordingly. Do not move these signs.
- Cardio equipment will be limited to every other piece of equipment.
- Spray bottles and paper towels will be located throughout the facility.
 Members are required to clean the equipment after each use.





Limited for Safety

The following areas are currently closed:

- Indoor Pool
- Child Care
- Indoor Pickleball/Basketball
- Seating Areas
- Event Hall Restrooms
- Rock Wall
- Game Room
- Room Rentals
- Lockers
- Group Exercise
- Gymnasium





COTTONWOOD SAFE. CLEAN. READY



Additional Questions?

Contact 928-639-3200

